



**QUEEN'S  
UNIVERSITY  
BELFAST**

School of  
**Mathematics and  
Physics**

**Gender Equality  
Committee**



## **NURSING MOTHERS AND PARENTS' ROOM / QUIET ROOM**

Queen's staff and students returning to work or study after Maternity Leave, who choose to continue breastfeeding their babies, are welcome to avail of the School private Nursing Mothers and Parents' Room for expressing milk. This is a private space, equipped with a comfortable sofa, armchair and footstool, with access to an electrical socket for breast pump use, and located close to bathroom facilities. Please bring your own cool bag for storage and security of your personal milk bottles and take your cool bag with you when returning to your office or study space.

### **Users and Priority Use**

- Priority users are Nursing Mothers.
- It is available to all QUB Staff and Students returning to work or study after Maternity Leave, who choose to continue breastfeeding their babies.
- All pregnant staff and students are welcome to avail of the private room to rest during the day.
- Staff and students undergoing IVF fertility treatment may also avail of the room.
- The room can also be booked for use as a Quiet Space.
- The room is also bookable by our School Safe Harbours and our School Mental Health Ambassadors to hold important one-to-one private meetings in a quiet and private environment.

### **The room is listed centrally on the QUB listed Nursing Mothers' Rooms and is centrally bookable**

- **You must book the room in advance via QOL**  
***QOL accounts / Service Applications / Admin / Nursing Room - Maths and Physics***
- The room is available **Monday to Friday, 9am - 5pm** (excluding University closure days / public holidays)

### **Room User Responsibilities:**

Users of the room are responsible for ensuring that:

1. The signage for 'Vacant' or 'Occupied' is appropriately adjusted upon entry and exit. When in use, it is recommended that you should lock the door from the inside.
2. All lights are switched off upon exit.
3. The room is left in a clean and tidy condition.
4. For reporting any issues or faults with the room, please email our School Buildings Liaison Officers [mp.blo@qub.ac.uk](mailto:mp.blo@qub.ac.uk).

In the event that the room is occupied, there are a range of other available Nursing Rooms in QUB which can be viewed here:

<https://www.qub.ac.uk/directorates/EstatesDirectorate/UniversitySafetyService/HealthandSafetyPoliciesandGuidance/PoliciesandProceduresLibrary/NursingMothersandParentsRooms/>

Queen's Staff and Students can also centrally book the Nursing Room in Childcare Services at 12 College Gardens via: QOL accounts / Service Applications / Admin / Nursing Room - Childcare